**Year 5 Honour Challenge**

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|  | **Academic Excellence** | Date completed | Evidence |
| A1 | Complete Maths or Literacy Activities set by teacher |  |  |
| A2 | Improve your communication skills: (*Year 4 standard*) Be a reporter - Report an event and present it to a class |  |  |
| A3 | Improve your science and technology skills: Design and build a craft that floats or complete 2 simple science experiments at home and present your findings to the class. |  |  |
| A4 | Japanese Hiragana Challenge (see website or Japanese wiki for details).  [Link to Hiragana Challenge](http://www.gaps.qld.edu.au/wp-content/uploads/2013/12/Hiragana-Challenge-2014.docx) |  |  |
| A5 | Improve your reading skills:  read for 200 nights over the school year. |  |  |
| A6 | Design your own Academic Excellence Challenge |  |  |

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|  | **Physical Activity and the Outdoors** | Date completed | Evidence |
| P1 | Improve your fitness: Over a four week period, complete a run, walk or cycle for at least 20km |  |  |
| P2 | Improve your swimming skills: Swim a total of 400m non-stop |  |  |
| P3 | Explore the outdoors: With a family member or family friend, complete a challenging walk of at least 3kms *(Mt Tamborine has a number bush walks of this distance)* |  |  |
| P4 | Undertake and complete an endurance event: Participate in a triathlon, Airport Marathon Junior Dash 2km, cycle race etc |  |  |
| P5 | Compete in a team sport for an entire season – attending training and games |  |  |
| P6 | Walk or run from Main Beach SLSC to the Seaway and back with a family member |  |  |
| P7 | Design your own Physical Activity and the Outdoors Challenge |  |  |

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|  | **Creative Arts** | Date completed | Evidence |
| C1 | Create a piece of art inspired by colonial Australia eg. past lives, fashions, past-times, etc. |  |  |
| C2 | Create an inspirational Keynote that highlights the value and importance of accepting the ANGELS Challenges in Yr 5 – show it to a group of current year 4s. |  |  |
| C3 | Be involved in an individual performance, *(music or dance),* for an audience. |  |  |
| C4 | Visit an exhibition, movie or performance and review it. Present your review to an audience or publish it. |  |  |
| C5 | Participate in the choir or band, attending all rehearsals and performances |  |  |
| C6 | Design your own Creative Arts Challenge. |  |  |

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|  | **Service & Giving** | Date completed | Evidence |
| S1 | Give to your family: Prepare a three-course meal for your family, (you could even extend the invitation to extended family), include in your evidence: the menu, photographs of the meal and feedback from your family. |  |  |
| S2 | Give to people in need: In a small group find a way to help those in need *(food/goods collection eg: Rosie’s, Caritas, St Vincent De Paul, etc)* and act on it. Present evidence of what you did to help. |  |  |
| S3 | Give your skills to help others eg: Join a Surf Life Saving Club, be an outstanding team member at camp or similar. – detail how you contribute. |  |  |
| S4 | Help make our school look great: Keep an area litter free or tidy for a term or help out in the garden over a period of time. |  |  |
| S5 | Join a community group: Show how through this you have helped others *eg. Cubs, Scouts, Brownies, Guides, Church group etc.* Document or present how your involvement with this group has helped others. |  |  |
| S6 | Care for the other children: Organise a series of 3 lunchtime games for children from the Mac Killop Centre for each term |  |  |
| S7 | Help with the school fete eg: by volunteering for a stall |  |  |
| S8 | Design your own Service & Giving Challenge |  |  |

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|  | **Environmental** | Date completed | Evidence |
| E1 | Help out around the school: Collect rubbish 3 days a week for a term |  |  |
| E2 | Bring in a nude lunch 2 times a week for two terms |  |  |
| E3 | Be a ‘Recycling Monitor’ – Check that the items going into your home recycling bin are appropriate. Be responsible for putting the recycle bin out fortnightly for a term. |  |  |
| E4 | Find an alternative activity, one night a week for a term, that does not require electricity*. Eg – Swap watching TV for half an hour and play a board game instead.* |  |  |
| E5 | Reduce traffic pollution. Active travel to school once per week for a term – walk with the Walking School Bus, ride your scooter or bike etc. |  |  |
| E7 | Environmental Challenge – [Website link to Environment Challenge](http://www.gaps.qld.edu.au/students/angels-challenges/senior-angels-challenges/giving/) |  |  |
| E8 | Design your own Environmental Challenge. |  |  |

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|  | **“Design your own”** | Date completed | Evidence |
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**Here are some Handy Hints:**

* Plan ahead. Mark the challenges you plan on completing throughout the year. Ask an adult to help you. You could speak about family plans for the year and see where they could possibly fit into a challenge. Thorough planning will save any last minute rushing to get them finished.
* Set timelines for challenges *(when do you expect to get them done?)*
* Remember that you can do as many ‘Design your own’ challenges as you like. The other challenges are merely suggestions! Keep in mind that they are to challenge YOU!
* Think carefully about how you are going to present your evidence of completed challenges. Remember there are many different ways of presenting – E.g. Poster, photos, ticket stub, menu, brochure, certificate, reports, Keynote, checklists, WIKI, the list is endless… Be as creative as you like and remember that it doesn’t have to cost anything!!!

Have fun challenging yourself and remember that you are working towards this…

